

## DEPRESSION RESEARCH

The University of Adelaide, Discipline of Psychiatry, is currently looking for volunteers to help in our research, which is investigating targeting psychosocial function (e.g., personal relationships, organisation) in depression.

- Current treatments for depression do not sufficiently address psychosocial function
- Research suggests that better psychosocial function may improve treatment outcomes and reduce the likelihood of recurrent depression
- Treating cognition, emotion and social cognition may cause improvements in psychosocial function



In this study, participants would complete 16 x 1hour treatment sessions over 8 weeks. Each session will be devoted to a particular domain (i.e., cognition, emotion processing, social cognition). Participants would also complete 6 x 2hour assessment sessions, involving some questionnaires, tests and interviews. Three of these assessments will involve a blood test to measure biomarkers of stress and inflammation related to depression.

If you are interested in participating in this research, suffer from depression, and are aged between 18 - 75 years of age, we would really like to hear from you.

To find out more information please contact the study co-ordinator on:

[research.psychiatry@adelaide.edu.au](mailto:research.psychiatry@adelaide.edu.au) or (08) 8313 7676 (you can leave a message at any time)

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