




The Institute

basil hetzel institute for translational health research

MONTHLY BULLETIN FOR TQEH RESEARCH COMMUNITY

WINNING NEWS

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27th TQEH Research Expo



TQEH Research Expo Award Winners

L-R: Clementine Labroschiano, Rachel Goggin, Anna Nolan (CFO, THRF), Ashley Twigger, Anupam Gupta, Guy Maddern (Director of Research, TQEH), Lisa Cherian and Namfon Pantarat (inset: Giri Krishnan). Further details on awards on page 4.

After the resounding success and positive feedback received following the 2017 TQEH Research Days, we were delighted to again present the world-class research being conducted at The Queen Elizabeth Hospital and Basil Hetzel Institute over two consecutive days on Thursday 18th and Friday 19th October 2018. Due to this expansion, we also underwent a small name change to TQEH Research Expo to encompass both research days and their activities. We extend our congratulations to all the undergraduate and postgraduate students and registrars who participated in TQEH Research Expo 2018. The scope and quality of the research presented continues to be of a consistently high standard, making the judging process harder each year!

Now in its 27th year, TQEH Research Expo has continued its long-standing purpose of

providing an opportunity for our post-graduate students and those in training to develop and practice writing their presentation skills under conditions that are typical of most professional society congresses. Students are required to submit an abstract and prepare either a 10-minute oral presentation or a poster with a 3-minute oral presentation. Guidance and encouragement is provided by their supervisors and peers during preparation of both the abstract and oral and poster presentations to ensure the most is obtained from this professional development activity. With this experience, it is hoped that the students will feel more confident when they are presenting their studies at major national and international conferences.

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NOVEMBER

2018

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BHI SEMINARS

BHI Postgraduate Seminars

Thursday 15 November
Thursday 22 November

UPCOMING EVENTS

BHI Quiz Afternoon

Thursday 29 November

BHI End of Year Celebration

Wednesday 19 December

BHI HUB

From the BHI Facility Manager Kathryn Hudson

BHI Ground Floor
Phone ext: 27427
kathryn.hudson@sa.gov.au



This is the final instalment in summarising the SA Health Respectful Behaviour Policy and focusses on “Reflection and Improvement”. Previously I have shared information on team work, staff engagement, constructive feedback, indicators of respectful behaviour, conflict resolution skills and restoring respectful behaviours.

Reflection and improvement

Respectful behaviour in workplaces is diverse and complex. Each situation presents a new challenge. You can support your learning and reflection by:

- planning well, developing supports and using these supports as both learning tools and as emotional balancers (including coaching relationships)
- predicting difficult times/factors and planning for them, such as proactively engaging your line manager regarding potential issues before they arise
- recognising that when your efforts do not result in intended outcomes that you have not failed, but you have new information to work with, and continue on
- having insight into your own learning and leadership style, your personal and professional strengths and your coping strategies
- identifying progress markers and celebrating small steps within the intervention
- developing new skills that will enable you to engage and lead your team more effectively.

I hope you have found the notes over the past six months useful, and have perhaps gleaned an additional strategy to utilise in your dealings.

If you are an SA Health employee, the full Respectful Behaviour toolkit can be accessed via the SA Health Intranet.

From the BHI Communications Officer Rebecca Anderson

BHI Ground Floor
Phone ext: 27345
rebecca.anderson@adelaide.edu.au
Work days: 9-3pm Tuesday - Thursday



November has arrived, which means it's time for us to start collecting information from all research group leaders for the 2018 BHI Research Report. You can all (staff and students alike) help out by ensuring that your lists of awards, community engagement activities and publications are up to date and ready to be collated. Any feedback on last year's report (which can be viewed/downloaded from the [BHI website](http://www.basilhetzelinstitute.com.au)) or suggestions for this year's report is welcome.

NEWS

2018 TQEH Research Expo (continued)

On the Thursday afternoon, TQEH Research Expo included our Researcher Showcase, highlighting our own research superstars, including Early and Mid-Career Fellowship Researchers and recently successful The Hospital Research Foundation and NHMRC Project and Fellowship awardees. This session emphasised the amazing work being performed by both early and senior researchers at our research institute. Supporters of The Hospital Research Foundation were invited to attend this session to hear of the latest medical advances they are supporting from some of our brightest medical and scientific minds.

The highly anticipated 2018 Plenary Lecture was given by Professor Peter Rathjen, Vice-Chancellor and President of The University of Adelaide. Professor Rathjen took us through the great research achievements of our state, institute and hospital and postulated on what will be required by our government, universities, hospitals, research facilities and general research community, to continue our research successes into the future.

TQEH Research Expo has long been recognised as a significant event in the TQEH research calendar and this would not be possible without the many volunteers who contribute to its successful organisation. We extend our thanks to all the judges of the abstract, poster and oral sessions, session chairs, and all the members of the Research Expo Organising Committee. Special thanks must go to The Hospital Research Foundation for their wonderful support over the years in underwriting the day, as well as sponsoring two of the oral speaker prizes and providing the coffee baristas! Many thanks also to our other University and Trade sponsors.

TQEH Research Expo 2019 is planned for Thursday 17th and Friday 18th October so please be sure to lock these dates in your calendars now.

Lisa Leopardi,
Chair, Organising Committee
TQEH Research Expo 2018

[Photo slideshow
available on the
BHI website](#)



Top Left: Many THRF supporters attended the Researcher Showcase; Top Right: Professor Guy Maddern thanks Lisa Leopardi, Chair of TQEH Research Expo Organising Committee, with Anna Nolan (CFO, THRF); Bottom Left: Prof. John Beltrame, Prof. Peter Rathjen (Plenary Lecturer), Dr Jenny Richter (CEO, CALHN) and Prof. Guy Maddern; Morning Tea

NEWS CONTINUED

2018 TQEH Research Expo (continued)

2018 TQEH Research Expo Award Winners

Award Category	Award Sponsor	Winner	BHI Research Group
Best Oral Presentation: Honours and Summer Students	The Hospital Research Foundation	Ashley Twigger	ENT Surgery
Best Oral Presentation: Junior Laboratory PhD Students	co-sponsored by ThermoFisherScientific and The University of Adelaide	Giri Krishnan	ENT Surgery
Best Oral Presentation: Senior Laboratory PhD Students	The University of Adelaide	Lisa Cherian	ENT Surgery
Best Oral Presentation: Clinical Trainees	The Hospital Research Foundation	Rachel Goggin	ENT Surgery
Best Oral Presentation: Clinical Higher Degree Students	University of South Australia	Anupam Gupta	Adelaide G-TRAC
Poster Prize	Southern Cross Science	Namfon Pantarat	Breast Cancer Research Unit
Best Lay Description	Lonza	Rachel Goggin	ENT Surgery
Ivan De La Lande Award (for eligible Clinical Pharmacology or Cardiology student/trainee)		Clementine Labroschiano	Translational Vascular Function Research Collaborative

TQEH Research Expo 2018
Thanks to our Sponsors!



Lonza



ThermoFisher
SCIENTIFIC



abacus dx



eppendorf



Fellow of the Australian Academy of Health and Medical Sciences



Professor PJ Wormald has been elected as one of 37 new fellows to the Australian Academy of Health and Medical Sciences in recognition of his outstanding contribution to the health and medical landscape in Australia. Prof. Wormald is Chairman of the Department of Otolaryngology, Head and Neck Surgery at The University of Adelaide and lead researcher of the ENT Surgery research group based at the Basil Hetzel Institute, TQEH. [More information.](#)

Finalist in 2019 SA Australian of the Year Awards



Associate Professor Christopher Zeitz, Clinical Director CALHN, is a finalist in the South Australia Local Hero category of the 2019 South Australia Australian of the Year Awards as a “pioneer in rural health services”. Chris is a Cardiologist with practices throughout rural South Australia who is committed to raising standards of rural and Indigenous health. [More information.](#)

Dean's Commendation for Doctoral Thesis Excellence



Two days after receiving his letter informing him that he had qualified for the degree of Doctor of Philosophy, **Vahid Atashgaran** received another letter which included the following quote: “*The examiners of your thesis made very favourable comments about the quality of your work. It is commendable that your work is held in such high regard and I wish to extend my personal congratulations for such a fine achievement by awarding you a Dean’s Commendation for Doctoral Thesis Excellence*”, Professor Paul Babie, Acting Dean of Graduate Studies, University of Adelaide.

Vahid completed this PhD in the Breast Biology and Cancer Unit at the BHI, under the supervision of Associate Professor Wendy Ingman and Dr Pallave Dasari. His thesis was titled “Hormone and transcription factor regulation of cytokines in the mammary gland”.

Vahid has begun working as a postdoctoral researcher in the Tumour Microenvironment Laboratory in the Centre for Cancer Biology, University of South Australia.

Women's Research Excellence Award



Dr Katharina Richter, ENT Surgery, was one of 12 female researchers to be awarded a Women’s Research Excellence Award from the University of Adelaide.

These awards were established in 2015 to recognise, celebrate and promote academic women’s research excellence at early career and mid-level career levels at the University of Adelaide. Each winner receives \$5000 to support their research. [More information.](#)

THRF Travel Award Report: Rong Hu

Rong Hu, PhD student, Clinical Pharmacology Research Group, BHI Supervisor Associate Professor Betty Sallustio.

Attended the 16th International Congress of Therapeutic Drug Monitoring and Clinical Toxicology

Brisbane, Queensland
16-19 September 2018



Rong Hu, second from right, with fellow presenters at her symposium

Please provide a description of your time there.

I gave an oral talk, presenting our recent findings about tacrolimus related acute rejection and kidney function in kidney transplant patients. I have also attended several symposiums focusing on unbound drug quantification and immunosuppressants therapeutic drug monitoring (TDM), which can help immunosuppressants individualised dosing. The Clinical Pharmacology Department at The Queen Elizabeth Hospital offers such TDM service to transplant patients nationwide. It is good to be updated in the newest findings in this field.

Could you please explain any outcomes you achieved from the event?

I shared our findings and future plans with experts from clinical pharmacology. They gave me their suggestions to test our hypothesis. I have connected with some young scientists from The Netherlands as we are doing the same project and I'm happy to stay in contact with them to discuss every problem we meet in the project.

How did the conference impact your research?

Firstly, I got the chance to share our work with the public. Some experts are really interested in our recent manuscript and asked me to send them a PDF copy. Secondly, I have some problems in my lab work recently, but the experts I met gave me some genius suggestions and I think I can adjust my methodologies and test if the new ways can work. Thirdly, I am encouraged by the senior scientists to continue my future research and this is important to build up my confidence.

What does this travel grant mean for your future research?

The experience I have gained from the congress I was sponsored to attend means a lot. I have gained more confidence and wish to do more in my future research. I have been connected with senior scientists and peer mentors and I am really looking forward to more communications and corporations with them in the future.

In a few sentences, could you please sum up your experience?

It is so exciting to experience top science down under. And it is a blessing for young students to get encouraged and supported to enjoy research. And potentially, to have their own research career in the future.

THRF Travel Award Report: Dr Lisa Cherian

Dr Lisa Cherian, PhD student, ENT Surgery.

Supervisors: Prof. PJ Wormald, A/Profs Sarah Vreugde and Alkis Psaltis

Attended a Skull Base Workshop at the Ohio and American Rhinology Society (ARS) Conference

Atlanta, USA

5-6 October 2018



Dr Lisa Cherian presenting her research (left) and together with fellow PhD student Dr Sathish Paramasivan, at the ARS Conference in Atlanta

Please provide a description of your time there.

The workshop was an opportunity for hands on endoscopic skull base dissection. At the conference I was able to present one of the projects of my PhD entitled "Effects on commercial nasal steroid on bacterial growth". Our research in this area was able to identify the antibacterial action of the various "inactive ingredients" in a topical nasal preparation.

Could you please explain any outcomes you achieved from the event?

The conference was an opportunity for me to meet and listen to eminent researchers. This is one of the biggest gathering of experts in rhinology and skull base in the world. The work I presented was also well received by the audience as it could potentially influence the day to day practice of an ENT doctor.

How did the conference impact your research?

The American Rhinology Society (ARS) promotes excellence in patient care, research and education in Rhinology and Skull Base Disorders. The conference had many sections focusing on the biologic basics in sinusitis with and without polyps. This helped me to relate to, identify and broaden my understanding of the various aspects of work which is conducted in our department as well as internationally.

What does this travel grant mean for your future research?

As an international student at the University of Adelaide, an opportunity to travel and present my work is immensely beneficial for my career as a researcher as well as a surgeon. This has definitely boosted my confidence and motivated me to continue research work and present it at similar such events in the future.

In a few sentences, could you please sum up your experience?

The Annual meeting of the American Rhinology Society is a huge gathering of surgeons and scientists (around 800 this year) in the field of rhinology. The conference was tightly scheduled with over a hundred oral presentations along with panel discussions and about 210 posters presented over the two days. It was an absolutely overwhelming and fruitful experience for me to present my work to this audience.

Welcome to new BHI staff



Mehgan Horsnell

Research Nurse, Solid Tumour Group, Level 1 BHI

mehgan.horsnell@sa.gov.au

Mehgan is an Enrolled Nurse who has been working in the Emergency Department at TQEH for the past 8 years. She has been appointed as the Clinical Research Interview Nurse for Associate Professor Joanne Young and will be working on the South Australian Young Onset Colorectal Polyps and Cancer Study. Her role will include travelling and meeting patients across South Australia who are happy to be included in this study. She will interview these patients, collecting information as well as a blood sample for further analysis from those who are willing.

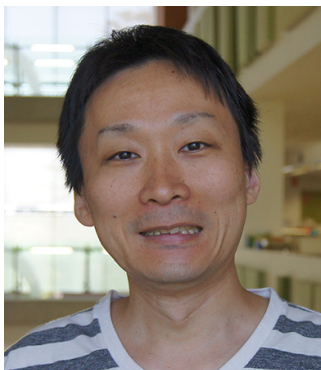


Dr Shari Javadiyan

Postdoctoral Researcher, ENT Surgery, Level 1 BHI

shahrbanou.javadiyan@adelaide.edu.au

Shari completed her PhD in human molecular genetics in the Department of Ophthalmology, School of Medicine, Flinders University, where she worked on multiple genetic research projects of gene identification and characterization for blinding inherited eye diseases. She also has a Master's Degree in plant biotechnology from the University of Adelaide. Shari joined the ENT Surgery research group as a postdoctoral researcher in October 2018 to work on a project developing new treatments for patients with recalcitrant chronic rhinosinusitis (CRS).



Dr Kazuhiro (Kaz) Ogi

Visiting Research Fellow, ENT Surgery, Level 1 BHI

ogikazu@u-fukui.ac.jp

Dr Kaz Ogi is an ENT doctor who specialises in nasal and laryngeal disease. In Japan, he worked both as a postdoctoral researcher and an ENT doctor in the Fukui University Hospital. He received his medical degree from Fukui Medical University, Japan in 2003. After graduating, he worked as an ENT surgeon in Japan for 15 years. His clinical speciality was laryngeal surgery although he was also passionate about the treatment of allergic rhinitis. In 2012 Kaz completed a PhD from the medical department at the University of Fukui, Japan. During his PhD project he reported the effect of adapter protein mutation of B cells. He also conducted a clinical study of Meniere's disease and allergic rhinitis.



Dr Helen Stallman

THRF Mid Career Fellow, The Health Observatory, Ground Floor BHI

helen.stallman@unisa.edu.au

Dr Helen Stallman received a mid-career fellowship from The Hospital Research Foundation earlier this year. She is a Senior Lecturer at the University of South Australia and Director of the International Association for University Health and Wellbeing. Helen also holds an Honorary Senior Research Fellowship at The University of Queensland. A Brisbane-born Clinical Psychologist, Dr Stallman is a specialist in the development and evaluation of interventions aimed to optimise health and wellbeing. Her focus has included suicide prevention, university health and wellbeing, parenting, and e-psychology. Dr Stallman developed the Coping Planning approach to suicide prevention and the Care · Collaborate · Connect suicide prevention training

...and Welcome to new BHI based students too!



Martha Menberu

PhD Student, ENT Surgery, Level 1 BHI

Supervisors: A/Prof. Sarah Vreugde, Prof. PJ Wormald, A/Prof. Alkis Psaltis

Thesis Title: Investigating bacterial microbiome therapy for Chronic Rhinosinusitis

Scholarship: Adelaide Scholarship International, University of Adelaide

martha.menberu@adelaide.edu.au

Martha received her Master of Science from the University of Gondar, Ethiopia in 2013. After graduating, She worked at the University of Gondar as a lecturer for 5 years. Besides teaching, she was also actively involved in various research projects studying infectious diseases.



Gohar Saghayegh

PhD Student, Surgical Science Research Group & Liver Metastasis Research Group, Level 1 BHI

Supervisors: Prof. Guy Maddern, Dr Ehud Hauben, Dr Rachel Roberts-Thomson

Thesis Title: Development of predictive biomarkers of response to immunotherapy in lung cancer patients

Scholarship: The Hospital Research Foundation Postgraduate Scholarship

gohar.shaghayegh@adelaide.edu.au

Gohar received her Master of Science in Cell Biotechnology from the University of Malaya in Malaysia in 2016. During her MSc she worked on “Mechanism of apoptosis induction in head and neck squamous carcinoma cell lines in response to active compounds in natural products. Gohar obtained her BSc in Cell & Molecular Biology from Tehran University in Iran. She has worked as a research assistant for more than four years in the field of cancer research and has published six papers in peer-reviewed journals. Her research interest is in cancer cell biology and cancer immunology.

2019 THRF SCHOLARSHIPS

THRF Honours Research Scholarships

Applications: Open 23 July 2018; close 22 November 2018

Total Scholarship Value: \$8,000 for the year

Number offered: Variable, depending on funds available

Eligibility: Students must be eligible to enrol in an Honours Degree with any University in South Australia. A student can only hold The Hospital Research Foundation Honours Research Scholarship if they do not simultaneously hold another Honours Scholarship.

Condition: 70% of work must be conducted at TQEH/BHI.



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Enquiries to the Research Secretariat: gwenda.graves@sa.gov.au

BHI STUDENT NEWS

BHI STUDENT REPS 20180-2019



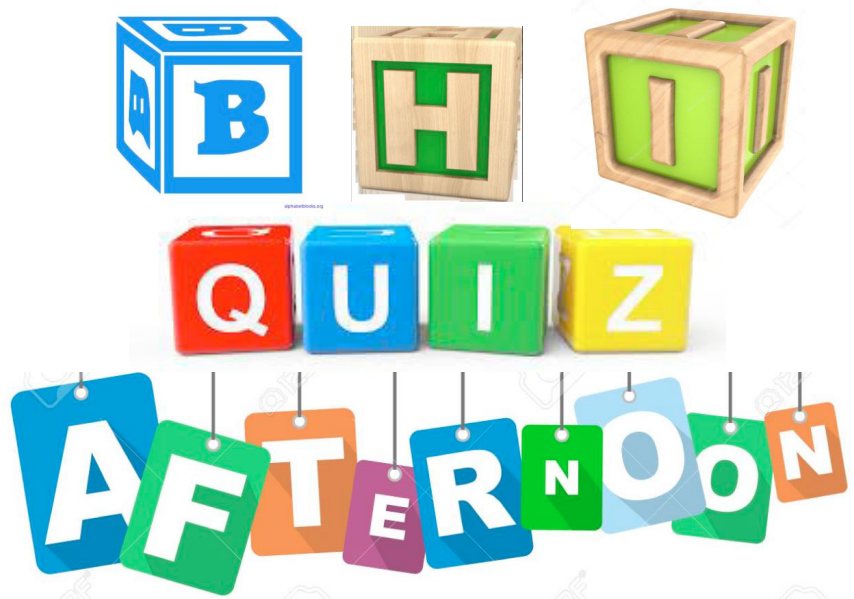
Clementine Labrosciano (Level 2)
clementine.labrosciano@adelaide.edu.au



Sarah Bernhardt (Level 1)
sarah.bernhardt@adelaide.edu.au



Joe Wrin (Level 1)
joe.wrin@adelaide.edu.au



Day: Thursday 29th November

Time: 3pm

Where: BHI Ground Floor Seminar Rooms

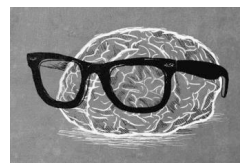
- Pizza and drinks kindly provided by THRF
- BYO snacks
- Tables of 5 or 6
- Great prizes to win
- Quiz masters will be your student reps



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Hope to see you there!



Coffee, chat & mindfulness

"Coffee and Chat" is a new student rep initiative aimed at providing all staff, students and supervisors with the opportunity to socialise and network in a casual environment. Students are able to discuss issues they are having with their studies with other students and staff.

2pm every Wednesday
BHI Ground floor seminar rooms

At 3pm we will be running a short (10-15 minutes) guided mindfulness session that has been run at BHI by previous student reps.

COMMUNITY ENGAGEMENT



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Community Group Presentations

THRF are always looking for BHI researchers to present at community events. It is a wonderful opportunity for you to practice your public speaking skills, and present your work to a lay audience! If you are interested or would like some more information, please contact Tamara at THRF on 8244 1100 or tpietraszuk@hospitalresearch.com.au

October was Breast Cancer Awareness Month

October was Breast Cancer Awareness Month which means that **Associate Professor Wendy Ingman**, research leader of the Breast Biology and Cancer Unit at the BHI, has been busier than usual! In addition to some filming and writing for videos and articles to be published later this year, Wendy has also given the following talks and presentations in the last few weeks:

- 4 October: Coast FM radio interview about breast cancer research
- 6 October: Plenary Lecture about the biology of lactation and how we are challenging old paradigms to improve breastfeeding outcomes, Lactation Consultants of Australia and New Zealand Conference
- 10 October: Invited talk at Why Study MD? Conference about ethical and legal considerations in breast density (MD refers to Mammographic Density, which is also known as Breast Density)
- 15 October: Lecture, third year University of Adelaide Health Science students on lactation and breastfeeding
- 18 October: Workshop, third year University of Adelaide Health Science students on lactation and breastfeeding
- 18 October: TQEH Research Expo Showcase presentation on Breast Cancer and Biology Unit outcomes
- 20 October: Invited presentation at South Australian Women's Health forum about breast density



Associate Professor Wendy Ingman and Professor Andreas Evdokiou, each spoke about their breast cancer research at the Researcher Showcase as part of TQEH Research Expo

German Reunification Day celebrated in Canberra



To celebrate the day of the German reunification (3rd October), **Dr Katharina Richter**, ENT Surgery, was invited to visit the German ambassador Dr Anna Prinz in Canberra. Together with a selection of guests, she enjoyed a special lunch at the embassy and met people from politics, industry and trade. Kati commented that "Establishing and strengthening connections over a beer and sausages - that's German networking."

GENERAL INFORMATION

STATISTICIAN AT THE BHI

Dr Stuart Howell works at the BHI on Tuesdays. He is available and can be consulted by TQEH/ The University of Adelaide Faculty of Health & Medical Sciences staff and research higher degree students. Support is limited to 15 hours on a per project basis.



Tuesdays
BHI Level 1
Room 1E.07
Phone: 8222 6679
stuart.howell@adelaide.edu.au

Dr Stuart Howell
Senior Statistician
Data, Design and Statistics
Services
Adelaide Health Technology
Assessment (AHTA)
School of Public Health
The University of Adelaide

BHI 2018 Research Image Competition

The Judges' Prize for the inaugural BHI Image Competition was awarded to **Leonie Baker**, Manager of the CRE Frailty and Healthy Ageing, for her image titled "Warhol Grip".

As announced in the October issue of Winning News, Dr Kevin Fenix won the "People's Choice" Award for his image "Neon Crypts".



Warhol Grip, by Leonie Baker

TQEH Librarians

The regular weekly visits by TQEH librarians to the BHI have now ceased for 2018.

For continued librarian assistance please contact anna.holasek@sa.gov.au or rachel.davey@sa.gov.au to arrange a meeting with them at TQEH Library on level 5B of the main TQEH building.

All BHI staff, students and researchers are welcome to visit TQEH Library on level 5B of the main building at any time Monday to Friday between 9am-4.45pm.

Alternatively, visit the Library's website (www.salus.sa.gov.au) to view our services and resources. To access any of the electronic resources you will need to register for a SALUS username and password with the Library.



The Institute

basil hetzel institute for translational health research

TQEH Research Secretariat Contact Details
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Email: gwenda.graves@sa.gov.au

GENERAL INFORMATION CONTINUED

Pre-review service for clinical research grants

All research studies, including grant funded research, require appropriate ethics and governance approvals before they can commence. Unlike the NHMRC, many funding bodies do not utilise a peer-review system as part of their grant funding rounds. This can lead to delays in researchers obtaining the post-award approvals that are required before they can start their projects.

The CALHN Research Office is offering pre-application scientific review of clinical human research projects by the CALHN HREC Chair, Mr Ian Tindall, with a view to facilitating efficient post-award approval processes. Please submit your study protocol/grant application and any information regarding investigational drugs or devices for review as soon as possible and no later than one week prior to the grant submission deadline.

For further information and submission please contact the CALHN Research Office on Health.CALHNResearchEthics@sa.gov.au or call 7117 2230

CALHN Human Research Ethics Committee Submission and Meeting Dates for Applications 2018

Final Submission Date	IDSC Meeting	CALHN HREC Meeting
Mon 22 January	Thursday 1 February	Thursday 8 February
Monday 12 February	Thursday 1 March	Thursday 8 March
Monday 12 March	Thursday 5 April	Thursday 12 April
Monday 16 April	Thursday 26 April	Thursday 10 May
Monday 14 May	Thursday 24 May	Thursday 7 June
Monday 11 June	Thursday 28 June	Thursday 12 July
Monday 16 July	Thursday 26 July	Thursday 9 August
Monday 13 August	Thursday 30 August	Thursday 13 September
Monday 10 September	Thursday 27 September	Thursday 11 October
Monday 15 October	Thursday 25 October	Thursday 8 November
Monday 12 November	Thursday 29 November	Thursday 13 December

Above are the meeting dates and final dates for submissions of applications for Scientific and Ethical approval. Any study which includes drug therapy is considered by the Investigational Drug Subcommittee (IDSC) the week prior to the CALHN HREC. Drug studies will be passed on to the CALHN HREC meeting. ALL HREC meetings will be held on Thursdays at Roma Mitchell House, Level 3, 136 North Terrace, Adelaide, and NOT at the BHI, TQEH.

For more information please contact:

Investigational Drugs Subcommittee (IDSC) Mr Peter Siobodian or Dr Ada Lam Executive Officer, Specialist Pharmacist Phone: (08) 7074 1430 or (08) 7074 1150 peter.siobodian@sa.gov.au ada.lam@sa.gov.au	CALHN Human Research Ethics Committee (HREC) Ms Lisa Barrie CALHN HREC Level 3, Roma Mitchell House Phone: (08) 7117 2229 or (08) 8222 6841 Health.CALHNResearchEthics@sa.gov.au
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CALHN Animal Ethics Committee

As a result of the Centre for Cancer Biology relocating, these meetings will now occur as required. Further information: John Finnie, SA Pathology/CALHN AEC Committee SAPathologyAEC@sa.gov.au

WORK, HEALTH & SAFETY

Safe Practice Tips: HANDLING AND DISPOSAL OF SHARPS



Dos

Plan for safe sharps disposal before starting any procedure

When placing a sharp into a sharps collector, **place the sharp end in first**. If using a Counter Balance or Next Generation sharps collector, you will still place the sharp end in first, but at a horizontal angle

Change the sharps collector as soon as the contents reach the fill line

Ensure correct placement of sharps collectors at **“point of use”**

Secure the lid onto the sharps collector base correctly, (when assembly is required); an audible click will be heard once the lid is in place

If you see that a collector has been positioned unsafely **please alert the relevant person** in your department

Always use the handles to pick up or transport sharps collectors

Segregate waste appropriately



Don'ts

Don't recap sharp needles. Follow your hospital policy regarding the recapping of drawing up needles

Don't hold sharps collectors against your body when carrying or closing – use the handles

Don't attempt to open a sealed sharps collector

Don't fill past the fill line

Don't place sharps collectors within reach of children

For more information, visit the Workforce Health section on inside.sahealth.sa.gov.au

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Government
of South Australia
SA Health

UPCOMING EVENTS

Central Adelaide Local Health Network

RAHsearch

Join us for the inaugural Royal Adelaide Hospital research showcase. This is an exciting opportunity to meet our world-class researchers and hear about the latest advancements in medical research.

When: Thursday 22 November 2018

Where: Royal Adelaide Hospital

Time: 12:00 – 5:00pm



This free event is open to everyone. For the full program and registration details please visit rah.sa.gov.au

Research gallery walk

12:00 – 1:00pm

Level 3 (ground floor) main concourse

Over 20 of our brightest medical minds will be stationed on level 3 (ground floor) of the RAH's main concourse to share their research and outcomes. View posters about their research, ask questions and learn how we are improving care for all South Australians.

Research presentations

1:30 – 5:00pm

Level 8 Lecture Theatre

Formal research presentations will be held in the lecture theatre on level 8 on various research projects underway at the Royal Adelaide Hospital. Afternoon tea will be served from 3.00 – 3.30pm.

The RAHsearch is a partnership between Central Adelaide Local Health Network, The Hospital Research Foundation and the RAH Research Fund.



Inspired Creativity When Art Meets Science

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**AUSTRALIAN SOCIETY FOR MEDICAL RESEARCH
NATIONAL SCIENTIFIC CONFERENCE**

21-23, NOVEMBER, 2018

CALL FOR ABSTRACTS

The Australian Society for Medical Research (ASMR) invites you to share your research findings at the 57th National Scientific Conference, November 21st-23rd, Elder Hall Music Conservatorium, Adelaide.

We are currently accepting abstract submissions from all fields of medical research with opportunities for researchers of all career stages to present through oral and poster presentations.

Eligible delegates are also strongly encouraged to apply for a number of awards including The Campion-Ma-Playoust Memorial Award, the ASMR Peter Doherty Leading Light Award and the inaugural Synapse Award. Head to <https://asmr.org.au/asmr-nsc/regabs/> to check your eligibility & submit your abstract today.

Key dates

Abstract submission closes 5pm,
Friday October 5th 2018

Early-bird registration rates apply
until October 1st 2018

Inspired Creativity When Art Meets Science

Firkin Orator

Honor Harger

Executive Director ArtScience Museum,
Singapore

Forging new synergies between art and science



Edwards Orator

Prof Paul Torzillo

Co-Director Healthhabitat & Clinical Professor,
University of Sydney

*Transforming health outcomes in remote and
developing communities through intelligent housing
design*

Inside the Scientist's Studio

Prof Josef Penninger, Scientific Director of the
Institute of Molecular Biotechnology, Vienna

*Delve into the life and mind of one of the world's
great scientists*



.....
**AUSTRALIAN SOCIETY FOR MEDICAL RESEARCH
NATIONAL SCIENTIFIC CONFERENCE**

NOVEMBER, 21-23 2018

**ELDER HALL MUSIC CONSERVATORIUM
ADELAIDE, SOUTH AUSTRALIA**

PUBLICATIONS

If you wish to have a recent publication included, please send details to the BHI Communications Officer
rebecca.anderson@adelaide.edu.au

Ao J, Horo S, Farmer L, Chan W, Gilhotra J. Primary laser photocoagulation for the treatment of giant retinal tears. *RETINAL Cases & Brief Reports*. 12(4):371-374, 2018 Fall.

Cao Y, Zhen S, Taylor A, Appleton S, Atlantis E, Shi Z. Magnesium intake and sleep disorder symptoms: Findings from the Jiangsu Nutrition Study of Chinese Adults at five-year follow-up. *Nutrients*. 10(10), 1354 2018 Sep. DOI:10.3390/nu10101354.

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If you wish to have a recent publication included, please send details to the BHI Communications Officer
rebecca.anderson@adelaide.edu.au

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Enhance your Media Skills with a Radio Experience



Coast FM Radio Host Dave Hearn with Dr Dan Wijesundara (left) and Associate Professor Wendy Ingman (right)

If you are interested in expanding your media skills, community radio is a great place to start! THRF's monthly segment on community radio station [Coast FM](#) is perfect to experience your first radio interview. Taking place on the first Thursday of each month, you will be interviewed by the very friendly radio presenter Dave Hearn who is passionate about medical research. Dave wants you to enjoy the experience so you will be interviewed in a relaxed and calm environment. This is a great way for you to practice speaking about your research to a very engaged and interested lay audience!

On Thursday 1 November, **Dr Danushka (Dan) Wijesundara** was the special guest on Coast FM and welcomed the opportunity to discuss his research on vaccinations for HIV, Hepatitis C Virus and also Zika Virus. Dr Wijesundara enjoyed the opportunity and says it's a great start for those who haven't had any media experience to give it a go.

If you are confident sharing your research, THRF also has regular segments on FIVEaa every Sunday at 2pm with our Ambassador Rilka Warbanoff. Rilka is also passionate about medical research and enjoys our segments and learning about all the research taking place!

Dr Irene Zinonos enjoyed her segment on Sunday 16 September where she discussed her prostate cancer research for Prostate Cancer Awareness month. And on Thursday 4 October **Associate Professor Wendy Ingman** was interviewed about her group's breast cancer research, during Breast Cancer Awareness Month.

If you are interested in sharing your research on radio, get in touch with Antonia from THRF's Communications team, acosta@hospitalresearch.com.au