



The Institute

basil hetzel institute for translational health research

MONTHLY BULLETIN FOR TQEH RESEARCH COMMUNITY

WINNING NEWS

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MRFF grant to investigate treatment of septic shock patients

Professor Sandra Peake, Director of Intensive Care Medicine at The Queen Elizabeth Hospital and Chair of the Australian and New Zealand Intensive Care Society Clinical Trials Group, and collaborators from across Australia have received a 2 year, \$2,335,540 grant from the Australian Government's Medical Research Future Fund (MRFF) to conduct the "Australasian Resuscitation In Sepsis Evaluation Fluids or Vasopressors in Emergency Department Sepsis Trial (ARISE Fluids)" a multicentre, randomised, clinical trial. Professor Peake is the Chief Investigator. All emergency departments in South Australian public hospitals will be invited to participate in the trial with at least 50 participating sites across Australia and New Zealand. ARISE Fluids will recruit 1000 patients.



Professor Sandra Peake

Sepsis is a life-threatening response to infection. It is a rare disease but is a major public health issue. Septic shock, which is characterised by low blood pressure and impaired tissue perfusion, is associated with high mortality and long and complex recoveries for survivors. Current treatment for septic shock involves the administration of large volumes of intravenous (IV) fluid to restore blood pressure, with IV vasopressor medication reserved for patients with persistent hypotension (low blood pressure). Emerging evidence suggests this approach may be associated with harm, and that a fluid-sparing strategy with earlier introduction of vasopressors may be better. The ARISE Fluids trial will compare a strategy of IV fluid sparing resuscitation and early introduction of vasopressors to usual care in patients presenting to the Emergency Department with septic shock.

Dean's Commendation for Doctoral Thesis Excellence awarded to Dr Clementine Labrosciano and Dr Sathish Paramasivan

The University of Adelaide's Pro Vice-Chancellor (Research Operations) and Dean of Graduate Studies, Professor Michael Liebelt, has awarded a Dean's Commendation for Doctoral Thesis excellence to Dr Clementine Labrosciano (Translational Vascular Function Research Collaborative) and Dr Sathish Paramasivan (ENT Surgery).

Clementine's thesis was titled "Readmissions in Australian Patients with Cardiovascular Disease". She completed her PhD under the supervision of Professor John Beltrame and A/Prof Rosanna Tavella and with the support of a Faculty of Health and Medical

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BHI SEMINARS

BHI Student & Staff Seminars
1-2pm Tuesdays

BHI Invited Speaker Seminar
1-2pm Tuesday 14 July
[Dr Viviane De Menzes Caceres](#)

All seminars take place in the BHI
Ground Floor Seminar Rooms

UPCOMING EVENTS

BHI Policy Committee
8:30am Tues 14 July

BHI Mindfulness Sessions
recommencing in August

BHI Off the Clock
4pm last Wednesday of each month
currently postponed

BHI HUB

Scientific Director Joy Rathjen

BHI First Floor
Phone: 8222 6524
joy.rathjen@sa.gov.au
Work days: Monday - Wednesday



The comment was made to me this morning – how smoothly the BHI runs and how many of our students and staff may not appreciate the work that goes on behind the scenes to make this happen. Today, in Winning News, I want to say thank you to all those BHI researchers, and others, who give to the BHI by serving on our committees, filling our professional service roles and supporting me, Kathryn, Rebecca and Gwenda in our jobs.

Professional service can seem onerous and tedious, even a distraction from the core research, but there are many benefits to the work. Committees are where researchers can contribute collectively to the processes and procedures that impact how the research in the precinct is managed and accommodated. They are the forums where those who are employed to support the research, like me, can discuss how we can help serve the research better. They are a places where we regularly bring together laboratory and clinical researchers, and their different research experiences, and as such are great places to network. Finally, as the NHMRC requests evidence of leadership in applications, committee membership and professional service roles are excellent ways to tick those boxes.

The BHI is run by its community of researchers for its community of researchers, and that can only happen if within our community there are people who will put their hand up to serve. Next time you see a call for nominations for a committee think about it.

BHI Facility Manager Kathryn Hudson

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BHI Communications Officer Rebecca Anderson

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Work days: 9-3pm Tuesday - Thursday



NEWS

Dean's Commendation for Doctoral Thesis Excellence (continued from page 1)



Dr Sathish Paramasivan

Sciences Divisional Scholarship. Clementine is currently working as a research coordinator on the CADOSA Registry at TQEH and RAH. Clementine says "I would like to thank my peers and supervisors at the BHI for their support during my journey. I feel privileged to have worked with such wonderful people in the Basil Hetzel Institute community".

Dr Sathish Paramasivan's PhD thesis was titled "The Host-Microbe Interface in Chronic Rhinosinusitis" and was supervised by Professor PJ Wormald and Associate Professor Sarah Vreugde in ENT Surgery. Sathish was supported by an Australian Postgraduate Award, a Bertha Sudholz Research Scholarship and an Academic Surgeon Scientist Research Scholarship from the Garnett Passe and Rodney Williams Memorial Foundation.



Dr Clementine Labrosciano (right) with one of her PhD supervisors A/Prof Rosanna Tavella

A proposed alternative continuous positive airway pressure system for COVID-19 patients

A recently published paper in the [British Journal of Anaesthesia](#) (impact factor 6.199) by Pfitzner, Maddern and Reid (Surgical Science Research Group) proposes a simple, alternative continuous positive airway pressure (CPAP) system that could well have a valuable role in the management of COVID-19 patients. CPAP was established as a method of improving oxygenation, first in respiratory distress syndrome of the newborn (hyaline membrane disease) and subsequently in the early stages of adult respiratory distress syndrome (ARDS): it is also widely used in the management of sleep apnoea. Although it will be expected to improve oxygenation in the early stages of COVID-19 pneumonia, most existing CPAP systems are so-called 'aerosol generators' and the obvious risk of caring staff being exposed to a viral laden mist has resulted in major concerns regarding its use in these patients. The alternative CPAP system as described is not an 'aerosol generator'. It also enables the concentration of inspired oxygen to be accurately controlled, and it overcomes the wastage of oxygen that is seen in most CPAP systems. Such a system could be invaluable in developing countries where a pandemic can quickly overwhelm Intensive Care facilities and exhaust oxygen supplies.

Dr John Pfitzner retired as a Consultant Anaesthetist at The Queen Elizabeth Hospital in 2006, although he retains an ongoing interest in evidence-based practices, particularly in respect to thoracic surgery and anaesthesia.

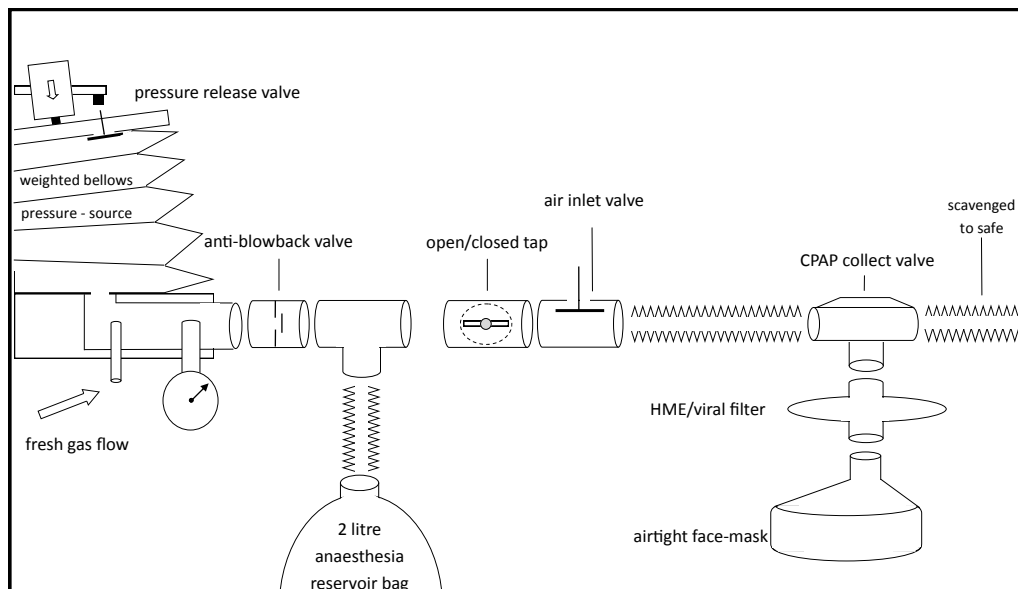


Fig 1. Schematic representation of a proposed alternative CPAP system. The patient inspires via the airtight face mask from the weighted bellows pressure-source, and expires 'to safe' via the CPAP-collect valve. The patient can be hand-ventilated with the 2L reservoir bag, and the bellows pressure-source can be temporarily and safely turned off with the open/closed tap if the face mask needs to be removed. CPAP, continuous positive airway pressure; HME, heat and moisture exchanger.

Personal reflections on “attending” international presentations: Dr Cher-Rin Chong

For many researchers, the scientific impact of COVID-19 is unprecedented. It has even been suggested that the accompanying disruption will have a disproportionately large impact on the careers of early-stage researchers (<https://www.nature.com/articles/s42255-020-0235-4>).

In the UK where lockdown was imposed, many of my friends were given less than a week by their institutions to “pack up” and make preparations for an unknown duration of lockdown. These included euthanizing animals, discarding any ongoing cell culture experiments, losing any follow-up data, putting equipment into long hibernation mode, as well as collecting lab books/notes that would allow them to work from home. Even now, many are still working in uncertain situations. Comparatively, I feel fortunate and am grateful to be here in Adelaide.

During the peak of the pandemic, the European and North American cardiovascular researchers from the International Society of Heart Research (ISHR) and its official affiliated journal, *Journal of Molecular and Cellular Cardiology* (JMCC), decided to bring together its members via a series of Zoom presentations, announced every few days on social media accounts or emails.

Over the course of approximately three months, more than 60 presentations have been given by mostly mid- to senior-level researchers from the comfort of their homes or study rooms. On average, each webinar was attended by approximately 200-300 people from around the world. Real-time attendance at these presentations was a little challenging for me, as they were mainly held during my bedtime hours! At the end of this webinar series, the Society awarded 10 webinar engagement prizes to the top 10 researchers who attended the “most” webinars. On average, these researchers logged in more than 40 hours of webinar attendance, and it was noticed that many of them had asked questions at every seminar. I blame the time difference in making me less competitive. But little did I know that all these presentations were recorded, and to my excitement, they have all been released online via the Society’s newly established [Youtube channel](#) which is also free to non-members. Now I can watch the presentations that I missed in the comfort of my pyjamas.

Although I enjoy the social interactions that one gets at a face-to-face conferences or meetings, I find that online platforms such as these allow me to “attend” more presentations than I would otherwise, and at my own speed. I am impressed at how quick and adaptive professional societies and journals have been. For

example, the European Society of Cardiology (ESC) and American Heart Association (AHA) annual meetings are also going to be held online this year, free of charge! During the ISHR webinar series, I particularly enjoyed the [presentation](#) given by Professor Heinrich Taegtmeyer, a cardiologist-scientist for more than 50 years (and still very academically active!), and one of the last students of Sir Hans Krebs. His presentation was enlightening. He gave a heart-warming tribute to the late Professor Lionel Opie (co-founder of JMCC), talked about the 83-years of Krebs cycle since it was first described, what Sir Hans Krebs thought of Otto Warburg, the significant contributions made by scientists expelled by the Nazi Regime with 26 eventual Nobel prize winners, and his perspectives on the future of cardiovascular research development. Being directly linked to Sir Hans Krebs and having graduated from Oxford University, Professor Taegtmeyer sometimes enjoyed a bit of a rockstar status from us rookies in the field of cardiac metabolism. I am no exception. Here is a picture of us from 2017 in Weimar, Germany, after we both missed out on the group photo for the annual meeting of the Society of Heart and Vascular Metabolism. He seemed happy in this picture and I hope he didn’t blame me for missing the group photo, in which he was meant to be the most important person given that he had delivered the annual Award Lecture.



*Dr Cher-Rin Chong (right)
with Professor Heinrich Taegtmeyer in 2017*

Dr Cher-Rin Chong is an NHMRC Peter Doherty Biomedical Early Career Fellow in the Cardiovascular Pathophysiology and Therapeutics Group at the BHI, TQEH. cher-rin.chong@adelaide.edu.au

BHI STUDENT NEWS

BHI STUDENT REPS 2019-2020



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BHI Seminars are back!

Student and Staff seminars returned to the BHI during June and will now continue until the end of the year (Tuesdays from 1-2pm). The ground floor seminar rooms have just doubled their capacity, with up to 42 people now allowed to attend. However, it is still possible to participate in the seminar program via zoom.

Please contact Kathryn.Hudson@sa.gov.au for the zoom link and password.



BHI Off the Clock

Off the Clock is on hold for the moment, but we look forward to welcoming all staff and students back in the very near future!

Mindfulness sessions to return in August

Reverend Nicholas Rundle, a qualified secular meditation teacher, will be running these sessions for BHI and TQEH staff and students each fortnight again in August. Everyone will be welcome to attend these free sessions!

GENERAL INFORMATION

STATISTICIAN AT THE BHI

Suzanne is available at the BHI each Tuesday and can be consulted by TQEH/ The University of Adelaide Faculty of Health & Medical Sciences staff and research higher degree students. Support is limited to 15 hours on a per project basis.



Tuesdays
BHI Level 1
Room 1E.07
Phone: 8222 6679
suzanne.edwards@adelaide.edu.au

Suzanne Edwards
Statistical Consultant
Data, Design and Statistics
Services
Adelaide Health Technology
Assessment (AHTA)
School of Public Health
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TQEH Librarians

Due to COVID-19 and the advice to practice social distancing TQEH Librarian visits to the BHI have been postponed until further notice.

TQEH librarians anna.holasek@sa.gov.au or rachel.davey@sa.gov.au are however available to assist with your literature searches and research requirements via email, and the SALUS library site remains accessible 24/7 from any computer or device with internet access.

To access the Library Service's electronic resources you will need to [register online](#) for a SALUS username and password via the library homepage [<https://salus.sa.gov.au>].

Thank you for your understanding.
TQEH Library Team

Funding Opportunities

The Bulletin of Funding has been removed from the BHI website.

We encourage researchers to use the following sites for grant information:

- Australian Government's [GrantConnect](#)
- The University of Adelaide's [Research Professional](#)
- University of South Australia's [Research Professional](#)



The Institute

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TQEH Research Secretariat Contact Details
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Basil Hetzel Institute for Translational Health Research
The Queen Elizabeth Hospital
28 Woodville Rd, WOODVILLE SOUTH 5011
Phone: 08 8222 7836 Fax: 08 8222 7872
Email: gwenda.graves@sa.gov.au

GENERAL INFORMATION CONTINUED

Pre-review service for clinical research grants

All research studies, including grant funded research, require appropriate ethics and governance approvals before they can commence. Unlike the NHMRC, many funding bodies do not utilise a peer-review system as part of their grant funding rounds. This can lead to delays in researchers obtaining the post-award approvals that are required before they can start their projects. **The CALHN Research Office is offering pre-application scientific review of clinical human research projects by the CALHN HREC Chair, Mr Ian Tindall, with a view to facilitating efficient post-award approval processes.**

For further information and submission please contact the CALHN Research Office on Health.CALHNResearchEthics@sa.gov.au or call 7117 2230

CALHN Human Research Ethics Committee 2020 Submission and Meeting Dates for Applications

A list of all meeting dates can be found on the [BHI website](#)

HREC/IDSC Submission deadlines	CALHN HREC Meeting	IDSC Meeting
Monday 8 June 2020	Thursday 2 July 2020	
Monday 22 June 2020	Thursday 16 July 2020	Thursday 23 July 2020
Monday 6 July 2020	Thursday 30 July 2020	
Monday 20 July 2020	Thursday 13 August 2020	
Monday 3 August 2020	Thursday 27 August 2020	Thursday 27 August 2020

The Central Adelaide Local Health Network Human Research Ethics Committee (CALHN HREC) will hold two meetings and with two submission deadlines each month in 2020.

The Investigational Drug Sub-Committee (IDSC) will continue to meet monthly.

Research studies involving investigational medicinal products require review and approval from both the IDSC and CALHN HREC.

ALL HREC meetings will continue to be held on Thursdays at Roma Mitchell House, Level 3, 136 North Terrace, Adelaide.

For more information please contact:

Investigational Drugs Subcommittee (IDSC) Mr Peter Siobodian or Dr Ada Lam Executive Officer, Specialist Pharmacist Phone: (08) 7074 1430 or (08) 7074 1150 peter.siobodian@sa.gov.au ada.lam@sa.gov.au	CALHN Human Research Ethics Committee (HREC) Ms Lisa Barrie CALHN HREC Level 3, Roma Mitchell House Phone: (08) 7117 2229 or (08) 8222 6841 Health.CALHNResearchEthics@sa.gov.au
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Animal Ethics

All animal ethics applications now go through The University of Adelaide Animal Ethics Committee.
Details of meeting and submission dates: www.adelaide.edu.au/research-services/oreci/animal/applications/

Contact details for this committee:

Amanda Camporeale, Animal Ethics Officer

Phone: 8313 6310

Email: amanda.camporeale@adelaide.edu.au

WORK, HEALTH & SAFETY

Health, Safety and Wellbeing Training Update: The University of Adelaide

Online Information Sessions

New online modules:

Health, Safety & Wellbeing for Supervisors
– gives an overview of the HSW Handbook, a general understanding of what is expected of them and what resources are available to the Supervisor. This has been developed into the new online module template.

Information, Instruction & Training – gives an overview of the key requirements of the Handbook Chapter for IIT. This has been developed into the new online module template.

The screenshot shows a web interface with a sidebar menu on the left containing links such as 'Grades', 'SCORM', 'Course Listings', 'LMS Analytics', 'Outcomes', 'Modules', 'Assessments', 'Collaborations', 'Discussions', 'People', 'Assignments', 'Pages', 'Inboxes', 'Quizzes', 'Conferences', 'Files', 'Search', 'Study', and 'Settings'. The main content area is titled 'Health, Safety and Well-being Online Information' and includes a search bar. Below this, a grid of module cards is displayed, each with an icon and a title. The cards include 'Biological Safety Management', 'Event Safety Management', 'Off Campus Activities', 'Bullying & Harassment', 'Event Management', 'Food Safety Management', 'Chemical Safety Management', 'Hazardous Waste Management', 'Radiation Safety Management', 'Risk Management for Officers', 'Health, Safety & Wellbeing for Supervisors' (circled in red), and 'Information, Instruction & Training' (circled in red).

There are 2 new training modules for University of Adelaide workers– Health, Safety and Wellbeing for Supervisors and Instruction, Information and Training.

The following training modules have been revised and updated:

- Hazard Management – including “how to write a Risk Assessment”
- Bullying and Harassment
- Radiation Safety Management
- Event Management

As part of the Covid-19 process HSW staff undertook some Department of Health online courses at <https://www.health.gov.au/resources/apps-and-tools/covid-19-infection-control-training>

I strongly recommend the Module 5 – PPE course as it covers the doffing and donning of PPE in a thorough and simple manner.

Serge Stebellini, University of Adelaide HSW
serge.stebellini@adelaide.edu.au

UPCOMING EVENTS



The Institute

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Call for Abstracts

TQEH Research Expo

Thursday 15 & Friday 16 October 2020

Basil Hetzel Institute, The Queen Elizabeth Hospital, Woodville South



2019 Award Presentation

Abstract deadline: 5pm Monday 17 August 2020

(Honours Students deadline, 5pm Monday 31 August 2020)

To submit an abstract:

- visit BHI website and read Abstract Guidelines
- visit <https://bit.ly/2NIXL3k> to submit Abstract
- complete and submit hard-copy of Abstract Certification Form

Enquiries to: A/Prof Joy Rathjen

Chair, TQEH Research Expo

Organising Committee

(08) 8222 6524

joy.rathjen@sa.gov.au

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PUBLICATIONS

If you wish to have a recent publication included, please send details to the BHI Communications Officer

rebecca.anderson@adelaide.edu.au

Arakawa Martins B, Barrie H, Visvanathan R, Daniel L, Arakawa Martins L, Ranasinghe D, Wilson A, Soebarto V. A multidisciplinary exploratory approach for investigating the experience of older adults attending hospital services. *HERD: Health Environments Research & Design Journal*. 1937586720920858, 2020 May doi.org/10.1177/1937586720920858.

Bachet J-B, Wyrwicz L, Price T, Cremolini C, Phelip J-M, Portales F, Ozet A, Cicin I, Atlan D, Becquart M, Vidot L, Mounedji N, Van Cutsem E, Taieb J, Falcone A. Safety, efficacy and patient-reported outcomes with trifluridine/tipiracil in pretreated metastatic colorectal cancer: results of the PRECONNECT study. *ESMO Open*. 5(3) 2020 Jun doi.org/10.1136/esmoopen-2020-000698.

Mitchell W, Deane A, Brown A, Bihari S, Wong H, Ramadoss R, Finnis M. Long term outcomes for Aboriginal and Torres Strait Islander Australians after hospital intensive care. *Medical Journal of Australia*. 2020 doi.org/10.5694/mja2.50649.

Napp L, Cammann V, Jaguszewski M, ... Horowitz JD et al. Coexistence and outcome of coronary artery disease in Takotsubo syndrome. *European Heart Journal*. 2020 Jun doi.org/10.1093/eurheartj/ehaa210.

Putman M, Sufka P, Whittle S, Robinson P. European consensus statements for interstitial lung disease in systemic sclerosis. *The Lancet Rheumatology*. 2(6)e317-e318, 2020 Jun doi.org/10.1016/S2665-9913(20)30085-0.

Shanahan E, Glaezter K, Gill T, Hill C, Graf S, Allcroft P. A case series of suprascapular nerve block (with an historical comparator) for shoulder pain in motor neurone disease. *Palliative Medicine*. 269216320929553, 2020 May doi.org/10.1177/0269216320929553.

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Velagic A, Qin C, Woodman O, Horowitz JD, Ritchie R, Kemp-Harper B. Nitroxyl: A novel strategy to circumvent diabetes associated impairments in nitric oxide signaling. *Frontiers in Pharmacology*. 11, Article Number: 727. 2020 May doi.org/10.3389/fphar.2020.00727.

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services during the COVID-19 Pandemic. *Heart, Lung & Circulation*. 2020 May doi.org/10.1016/j.hlc.2020.04.003.

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Clarke B, Vincent A, Martin S, Adams R, Appleton S, Vakulin A, Jesudason D, Wittert G. Obstructive sleep apnea is not an independent determinant of testosterone in men. *European Journal of Endocrinology*. 183(1):31-39, 2020 Jul doi: 10.1530/EJE-19-0978.

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Graham P, Moran J. ECMO, ARDS and meta-analyses: Bayes to the rescue? *Journal of Critical Care*. 59:49-54, 2020 doi.org/10.1016/j.jcrc.2020.05.009.

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Panchatcharam B, Cooksley C, Ramezanpour M, VEDIAPPAN R, Bassiouni A, Wormald P-J, Psaltis A, Vreugde S. Staphylococcus aureus biofilm exoproteins are cytotoxic to human nasal epithelial barrier in chronic rhinosinusitis. *International Forum of Allergy & Rhinology*. 2020 Jun doi.org/10.1002/alr.22566.

Poh W, Kicic A, Lester S, Nguyen P, Bakaletz L, Reynolds P, Hodge S, Roscioli E. COPD-related modification to the airway epithelium permits intracellular residence of nontypeable haemophilus influenzae and may be potentiated by macrolide arrest of autophagy. *International Journal of COPD*. 15:1253-1260, 2020. doi.org/10.2147/COPD.S245819.

Sunderland A, Russ G, Sallustio B, Cervelli M, Joyce D, Ooi E, Jeffrey G, Boudville N, Chakera A, Dogra G, Chan D, Wong G, Lim W. Effect of the proton-pump Inhibitor pantoprazole on MycoPhenolic Acid exposure in kidney and liver transplant recipients (IMPACT study): a randomized trial. *Nephrology Dialysis Transplantation*. 35(6):1060-1070, 2020 Jun doi.org/10.1093/ndt/gfaa111.

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The Hospital Research Home Lottery is back



Imagine winning this incredible home at Henley Beach!

We are thrilled to announce that tickets are now on sale for the [Hospital Research Home Lottery](#)!

Our **\$2.5 MILLION Grand Prize** includes a stunning four-bedroom home at Henley Beach PLUS **\$250,000 CASH!**

There are also more than 13,000 other incredible prizes to be won. If you purchase your ticket before 7 August, you also have the chance to win the **Early Bird Prize of \$1 MILLION CASH!**

Proceeds from our Home Lottery improve the lives of every South Australian across all communities and hospitals, including the Basil Hetzel Institute and The Queen Elizabeth Hospital.

You can purchase your ticket today from our head office at 60 Woodville Road, Woodville or online at www.homelottery.com.au.

Parkinson's SA joins THRF Group



Paul Flynn (THRF Group CEO) with Olivia Nassaris (Parkinson's SA CEO)

We are proud to be expanding our support to people living with Parkinson's disease, with Parkinson's SA joining The Hospital Research Foundation (THRF) Group from 1 July!

The merger will improve the provision of support and wellbeing services and increase vital research for over 8,000 people living with Parkinson's disease across South Australia and Northern Territory, as well as their carers, family, the community and health professionals.

We're proud to be broadening the impact we can have on the health and wellbeing of the community, while giving our donors the choice to support an area of healthcare which matters most to them.

Community Radio Opportunities

THRF continues to hold a monthly community radio segment with Adelaide's Coast FM!

This opportunity provides researchers with the chance to sharpen their media skills on air, with radio presenters Dave and Bruce.

If you are interested in sharing your research on radio, please email Antonia from THRF's Communications team, ACosta@hospitalresearch.com.au and she will happily organise a segment for you!



The BHI's Dr Danielle Taylor spoke to Dave and Bruce on her research into Healthy Ageing back in February!